



Lunch - Elementary Schools, K-8 & Independence Non-Traditional

## DECEMBER 2021

1

**-Choose 1 Protein & Grain-**

Cheese Pizza  
Pepperoni Pizza  
Sloppy Joe  
on Slider Buns

**-Add-**

Sunshine Carrots

**-Garden Vegetable Bar-**

Super Food Salad  
Grape Tomatoes  
Cauliflower Florets

**-Fruit Bar-**

Fresh Pear  
Applesauce

2

**-Choose 1 Protein & Grain-**

Rosé Bolognese  
w/ Garlic Bread  
Cheesy Bread  
All Beef Hot Dog  
w/ Bun

w/ Chili

**-Add-**

Baked Beans

**-Garden Vegetable Bar-**

Greek Salad  
Baby Carrots  
Broccoli Florets

**-Fruit Bar-**

Orange Wedges  
Strawberry  
Shortcake

3

**-Choose 1 Protein & Grain-**

Crispy Chicken  
w/ Bun  
Cheeseburger/Bun  
Grilled Cheese  
Sandwich

**-Add-**

Curly Fries

Tomato Basil Soup

**-Garden Vegetable Bar-**

Tossed Salad  
Sliced Tomatoes  
Pickles

**-Fruit Bar-**

Chilled Peaches  
Graham Banana  
Bites

<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>
Fiesta Queso Macaroni & Cheese w/ Dinner Roll Chicken Teriyaki over Rice w/ Dinner Roll Morningstar Chik'n Nuggets w/ Dinner Roll	Beef Nachos w/ Queso Chicken Fajita w/ Cheese Stuffed Crust Cheese Pizza	Cheese Quesadilla Corn Dog Nuggets Spaghetti w/ Meat Sauce w/ Garlic Bread	Chicken & Waffles Mini Pancakes w/ Sausage Links	Spicy Chicken w/ Bun Chicken Enchilada Fish Nuggets w/ Dinner Roll
<b>-Add-</b>	<b>-Add-</b>	<b>-Add-</b>	<b>-Add-</b>	<b>-Add-</b>
Stir Fried Cabbage	Baked Plantains	Steamed Broccoli	Hot Spiced Apples	Baked Beans
<b>-Garden Vegetable Bar-</b>	<b>-Garden Vegetable Bar-</b>	<b>-Garden Vegetable Bar-</b>	<b>-Garden Vegetable Bar-</b>	Kickin' Roasted Veggies
BLT Romaine Salad	Corn Salad	Pomegranate Blueberry Spinach Salad	Greek Salad	<b>-Garden Vegetable Bar-</b>
Baby Carrots	Lettuce & Tomato	Cucumber Slices	Sunny Broccoli & Cauliflower Toss	Tossed Salad
Broccoli Florets	Celery Sticks	Pumpkin Soufflé	Baby Carrots	Sliced Tomatoes
<b>-Fruit Bar-</b>	<b>-Fruit Bar-</b>	<b>-Fruit Bar-</b>	<b>-Fruit Bar-</b>	Pickles
Pear Wedges	Fresh Apple	Fresh Grape Clusters	Fresh Banana	<b>-Fruit Bar-</b>
Mandarin Orange Cup	Frozen Mixed Berry Cup or Frozen Peach Cup	Chilled Pineapple Chunks	Fruit Crisp	Chilled Pears & Blueberries Fresh Melon

<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>
<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>	<b>-Choose 1 Protein &amp; Grain-</b>
Pizza Sticks w/ Dipping Sauce Ham & Cheese Pull-Apart Bread Sticks Vegetarian Stuffed Pepper w/ Garlic Bread	Popcorn Chicken w/ Dinner Roll Zesty Meatloaf w/ Dinner Roll Mini Calzones w/ Dipping Sauce	Cheese Pizza Pepperoni Pizza Sloppy Joe on Slider Buns	Rosé Bolognese w/ Garlic Bread Cheesy Bread All Beef Hot Dog w/ Bun w/ Chili	Crispy Chicken w/ Bun Cheeseburger/Bun Grilled Cheese Sandwich
<b>-Add-</b>	<b>-Add-</b>	<b>-Add-</b>	<b>-Add-</b>	<b>-Add-</b>
Green Beans <b>-Garden Vegetable Bar-</b>	Mashed Potatoes w/ Gravy Parmesan Broccolini	Sunshine Carrots <b>-Garden Vegetable Bar-</b>	Baked Beans <b>-Garden Vegetable Bar-</b>	Curly Fries Tomato Basil Soup <b>-Garden Vegetable Bar-</b>
BLT Romaine Salad Baby Carrots Celery Sticks <b>-Fruit Bar-</b>	<b>-Garden Vegetable Bar-</b> Layered Lettuce Salad Cucumber Slices	<b>-Fruit Bar-</b> Fresh Pear Applesauce	Greek Salad Baby Carrots Broccoli Florets <b>-Fruit Bar-</b>	Tossed Salad Sliced Tomatoes Pickles <b>-Fruit Bar-</b>
Kiwi Wedges Chilled Mixed Fruit	<b>-Fruit Bar-</b> Apple Wedges Frozen Fruit Juice Cup		Orange Wedges Strawberry Shortcake	Chilled Peaches Graham Banana Bites

<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>
- No School Today -	- No School Today -	- No School Today -	- No School Today -	- No School Today -

<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>
- No School Today -	- No School Today -	- No School Today -	- No School Today -	- No School Today -

This institution is an equal opportunity provider.